**Launch/Land Protocols**

**Head of the Fort Race, March 8, 2014**

**Launching:**

* All crews check in at the Safety check prior to launching.
* Boats will be checked for heel ties and bow balls and will receive bow numbers. Please check that all boats launching have a bow number.
* Boats should be taken bow first down ramp.
* Dock Marshall will instruct boats onto dock from ramp (big boats)
* Boats must enter warm-up/cool-down area directly after launching.
* **Only crew and coach on the dock during launch times**.
* Crews must allow ample time for launching. There will be no cuts in line for latecomers, unless the Dock Marshall has made that call.
* Boats should launch with bows heading east. If crews need to spin, it must be at Dock Marshall’s discretion.

**Pre-Race:**

* Warm-up area is 1.6 km long, keep track of time and be ready for race start!
* 10 minutes before race time, move into order of bow number
* Boats must be in single file, in bow number order, before boathouse; crew will be called individually by officials to the start line.

**Post-Race:**

* Boats must enter directly into warm-up/cool-down area, and stay well past (west of) finish line until all crews are finished racing. Possible finish line interference if not followed.
* Dock Marshall will instruct boats from dock onto ramp (big boats).

**Landing:**

* Coxswains and crews should look for signal from Dock Marshall before approaching the dock. They may be asked to wait off-shore, in a line before approaching the dock.
* Bow numbers should be collected on landing.
* Dock Marshall should be aware of neighbouring Canoe/Kayak club and their activities.